

Practical and Progressive Updates in
Primary Care Medicine



Virtual on-demand event available
March 23 through **May 20**

★ Earn CME credits

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The following are **Confirmed Topics** for the 2026 Practical and Progressive Updates in Primary Care Medicine CME conference.

As of March, 2026

Topic / Lecture Title	Presenter Name
Breast Health in Primary Care (Managing Breast Complaints in Primary Care)	Corinne Costellic, DO
Cardiac Disease Prevention	Akhil Gulati, MD
Cognitive Decline & Dementia Screening	Esther Young, DO
Current Immunization Updates (ACIP) [adult and peds]	Ida Rubino, MD
Evaluation and Treatment of Common Conditions of the Upper Extremity	James Rosbolt, DO
Fecal Incontinence	Kenneth Bark, MD
Infectious Disease Updates	Joel Szela, DO
Menopause	Soyoun Bark, MD
Nephrology Approach to Resistant Hypertension	Jae Kim, DO
Physical Activity and Cardiorespiratory Fitness as Modulators of Health Outcomes: How Much Exercise is Enough?	Barry Franklin, PhD
Role of CGM in Primary Care	Michael Brennan, DO
Testosterone Therapy Guidance	Erik Weitz, DO
Trauma-Informed Primary Care: Practical Shifts for Everyday Practice [Ethics]	Jennifer Kowalkowski, PhD
Update on Acute and Chronic Pain Management [Pain Management]	Rebecca Clemans, MD

Amount of CME credit available will be determined on actual length of recorded lecture and will be known approximately 2 weeks prior to launch. It is estimated that approximately 11.0 CME credits will be available for this conference.